



Coaching

Quote Walk

Place various quotes around a room during a gathering of staff. Have the staff do a “quote walk” and walk around the room to read each quote. Instruct staff to stop at the quote that resonates with them the most and stand by it. Discuss which quotes had the largest group and ask each group why they picked that quote.

**“ A good coach can
change a game. A great
coach can change a life”**

- John Wooden

“Coaching is unlocking a person’s potential to maximize their growth.”

- John Whitmore

“ A coach is someone who tells you what you don't want to hear, who has you see what you don't want to see, so you can be who you have always known you could be.”

- Tom Landry

Good coaching may be defined as the development of character, personality, and habits of players, plus the teaching of fundamentals and team play.

- Claire Bee

A great coach not only
inspires, but supports and
encourages others to get
results.

- Richard Schuy

Coaching is all about having someone believe in you and encourage you, about getting valuable feedback, about seeing things from new perspectives and setting your sights on new horizons.

-Author unknown

One moment from a coach
can have a positive or
negative impact on a kid for
life.

-Mota

With the right kind of
coaching and
determination you can
accomplish anything.

– Reese Witherspoon

Coaching is one of the most effective leadership styles that can transform, empower and unlock people's potential. Ask more, give advice less, and elevate your impact forever. – Farshad Asl

Tell me, and I'll forget. Show
me, and I'll remember.

Involve me, and I'll learn.

– Marla Jones